



Dear Parents and Carers,

Re: CAFOD 'Big Lent Walk 2024' – Lenten Campaign

We are so excited to be joining CAFOD and SCIAF for this year's Big Lent Walk. All around the country, schools, parishes and individuals are putting on their walking boots and aiming to walk 200km to raise vital funds for communities around the world.

We have chosen to support CAFOD as a way for our pupils to put their faith into action. By making a special effort to walk as many kilometres as possible and raising money this Lent, we will be supporting our brothers and sisters around the world. This is a great way for us all to become active global citizens and live out our school mission and values.

During Lent, we ask that you walk as many kilometres as you can to help us reach our distance goal of 200 km and collect sponsorship through our **CAFOD Fundraising/Just Giving** page or with a **cash donation** to help us reach our fundraising target of £1,000. Remember to keep track of the distance you have walked too.

The link to our **CAFOD Fundraising/Just Giving Page**. Please share this with any family or friends who wish to sponsor you: <https://schools.walk.cafod.org.uk/fundraising/st-elizabeths-big-lent-walk-2024>

How can your sponsorship help?

Your sponsorship can change lives. Every £1 raised through the Big Lent Walk will help fight poverty globally in countries like Afghanistan, Colombia, the Democratic Republic of the Congo and South Sudan. This year, CAFOD's Lent Appeal is helping fishing communities feed their families in Liberia, and SCIAF's Wee Box Appeal is focused on women and girls in Rwanda facing gender-based violence. And in Ethiopia, CAFOD and SCIAF are working together to respond to the devastating food crisis there. Years of drought caused by the climate crisis means families are no longer able to cope, but your support means we are working with people right now, providing them with water, emergency food and healthcare.

- £16 could buy a life jacket to keep a fisherman safe at sea.
- £47 could buy a cooler for a fisherman to keep his catch fresh at sea.
- £120 could buy a GPS fishfinder to track fish and find shore in a storm.
- £375 could buy tables for the community to use to fillet fish.

How can we get our fundraising off to the best start?

- Set yourself a person distance goal to walk this Lent.
- Tell as many people as you can what we are doing and why.
- Strike a pose and share pictures of yourself in action.
- Join up with friends and family and get them involved too.

You can find out more about CAFOD Big Lent Walk as a family by visiting: <https://walk.cafod.org.uk/> or [Lent Appeal 2024 \(cafod.org.uk\)](https://cafod.org.uk/)

200 km is a massive challenge, but by joining together we can help stamp out poverty one step at a time. With your hard work and sponsorship this Lent, we can change families' lives for good and tell poverty to take a hike.

Thank you in advance for your support.

Mrs A. Clemens, Mr Ward and the St Elizabeth's Team



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St Ralph
Sherwin
Catholic Multi Academy Trust



Sponsored 'Big Lent Walk 2024'

Please aim to collect as many sponsors as you can to raise money for CAFOD's 'Big Lent Walk' campaign. Please collect your Sponsorship through our CAFOD Fundraising/Just Giving page.
<https://schools.walk.cafod.org.uk/fundraising/st-elizabeths-big-lent-walk-2024>

Pupil Name: _____ Year Group: _____		
My personal distance goal: _____		
How many kilometres will you try to walk this Lent to help us tell poverty to take a hike?		
Name	Amount Sponsored	Amount Paid



Sponsored 'Big Lent Walk 2024' Distance Tracker

You can use this form to help keep track of the distance you've walked this Lent. You can ask an adult to help you plan your walking routes and measure the distance you've walked.

Pupil Name: _____		Year Group: _____	
My personal distance goal: _____			
How many kilometres will you try to walk this Lent to help us tell poverty to take a hike?			
Date	Distance Walked	Date	Distance Walked

My Total Distance Walked (Total this up at the end of Lent)	
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