



Physical Education in Year 3

Our PE days this term will be
Mondays and Wednesdays.

- Our active uniform – which is often referred to as PE kit– is worn to school on PE or sports days.
- The active uniform is a yellow polo shirt, yellow sweatshirt with school logo (optional), black shorts or black joggers with no brands. Trainers or pumps with black, grey or white socks.
- Watches and earrings must be removed for PE and children must be able to remove their own earrings. This is important to prevent injuries.
- On Mondays, our PE lessons will be net and wall games, focusing on tennis. Our Wednesday lessons will focus on dance and gymnastics techniques, building our core strength, balance and control.

Thank you for your continued support.

Best wishes,

Miss Hickling

PE Subject Leader.

