Staying Active: Amber Valley



Sen Fit CIC

Fitness, Health and Well-being service for those with Special Educational Needs and Disability



SEN-Fit cic | Derby | Facebook

GOGA (Get Out Get Active)

Get Out, Get Active Amber Valley | Facebook



Get Out Get Active - Home

Amber Valley School Sports Partnership

We work alongside schools, community groups, leisure providers, national and government authorities to achieve our aim of improving the lives of local people.

Upcoming Events – Amber Valley School Sport Partnership CIO (avssp.co.uk)

Belper Leisure Centre

Youth Classes: Swimming
Club, Canoeing, Belper Sports
FC, Belper Sports Ladies FC,
Kickboxing, Kids Gym Classes, Tae Kwon-Do,
Dodgeball, Volleyball

Belper Leisure Centre

Ripley Leisure Centre

Active—Play and Bounce, Family Swimming, Junior Gym Sessions,

Ripley Leisure Centre | Ripley – Places Leisure

Alfreton Leisure Centre

Trampolining, Gymnastics, Play and Bounce

<u>Children | Alfreton Leisure Centre | Alfreton – Places Leisure</u>

William Gregg Leisure Centre—Heanor

Play and Bounce, Swimming

<u>William Gregg VC Leisure Centre | Heanor –</u> Places Leisure

Full Power Fitness

01773 531934

Youth Boxing/ Gym

Full Power Fitness – Full Power

Live Life Better Derbyhsire

We offer help on a wide range of topics including stopping smoking, weight management and advice on how to get more active. Find out more about the services we offer.

Getting active - Live Life Better Derbyshire

