## **Mental Health: Amber Valley**



#### **Callums Voice CIC**

•Improving public understanding of Autism and mental health conditions.



- •Empowering children and young people with Autism and mental health conditions to build on their strengths to achieve their potential.
- .•Promoting good mental health for children, young people and families.

Room 10, Alfreton House

High Street, Alfreton, Derbyshire, DE55 7HH

Tel: 01773 688026

Email: admin@callumsvoice.org.uk

#### Men in Sheds

Peer support for men in Swanwick

Saturdays 10am

Wednesdays 3:30pm

Thursdays 3:30pm

01773609603

#### **Amber Trust**

Amber Trust is a well established social care charity specialising in offering accommodation and support services to adults with mental ill health or those who are at risk of social exclusion.

7-11 Wellington Street, Ripley, Derbyshire

info@ambertrust.co.uk

### **Amber Valley Adult Recovery**

The Amber Valley Neighbourhood team provides mental health support to adults regardless of age; this support is based on individuals' needs.

0300 123 2673

#### Rethink

01773 734 989

**Community Support Group** 

The Croft, Ripley

### **Infinite Wellbeing**

Heanor Women's and Men's—Wellbeing support groups

Wellbeing programmes and activities | Infinite Wellbeing | England (infinite-wellbeing.co.uk)

# Amber Valley Walking Together

Amber Valley Walking To-

gether work with individuals, groups and organisations to set up and manage local walks for health as part of the wider Walk Derbyshire model.

https://www.ambervalley.gov.uk/ambervalleywalkingtogether

mindfulwalks22@aol.com

# Amber Valley Association for Mental Health LTD.

Mental Health Information and support

Belper—DE56 2UA

01773 599599

#### **CVS Mancave**

Tuesdays 10am men only group, providing a place of skill sharing and informal learning

01773 512076