## Callums Voice CIC

-Improving public understanding of Autism and mental health conditions.

-Empowering children and young people with Autism and mental health conditions to build on their strengths to achieve their potential.
-•Promoting good mental health for children, young people and families.

Room 10, Alfreton House

High Street, Alfreton, Derbyshire, DE55 7HH

Tel: 01773688026
Email: admin@callumsvoice.org.uk

## Men in Sheds

Peer support for men in Swanwick
Saturdays 10am
Wednesdays 3:30pm
Thursdays 3:30pm
01773609603

## Amber Trust

Amber Trust is a well established social care charity specialising in offering accommodation and support services to adults with mental ill health or those who are at risk of social exclusion.

7-11 Wellington Street,
Ripley, Derbyshire

## info@ambertrust.co.uk

## Amber Valley Adult Recovery

The Amber Valley Neighbourhood team provides mental health support to adults regardless of age; this support is based on individuals' needs.

03001232673

## Rethink

01773734989
Community Support Group
The Croft, Ripley

## Infinite Wellbeing

Heanor Women's and Men's-Wellbeing support groups
Wellbeing programmes and activities ${ }^{\text {Infinite Wellbe- }}$ ing | England (infinite-wellbeing.co.uk)

## Amber Valley Walking To-

## gether

Amber Valley Walking Together work with individuals,
 groups and organisations to
set up and manage local walks for health as part of the wider Walk Derbyshire model.
https://www.ambervalley.gov.uk/ ambervalleywalkingtogether
mindfulwalks22@aol.com

## Amber Valley Association for Mental Health LTD.

Mental Health Information and support
Belper-DE56 2UA
01773599599

## CVS Mancave

Tuesdays 10am men only group, providing a place of skill sharing and informal learning

